LOW-FAT ESPRESSO

Contains: Milk

Ingredients: milk, sugar, cream, nonfat milk, whey, corn syrup, coffee, mono- and diglycerides, cellulose gum, guar gum, polysorbate 80, carrageenan, caramel color, lactic acid; cultured with the following live active cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

Nutrition Facts

Serving Size (89g) = ½ cup = (4 fl. oz.)
Servings Per Container

Amount Per Serving	
Calories 120	Calories from Fat 25
	% Daily Value*
Total Fat 3g	**4%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 60mg	**3%**
Total Carbohydrate 19g	**6%**
Dietary Fiber 0g	**0%**
Sugars 16g	
Protein 4g	

Vitamin A 2%	•	Vitamin C 4%
Calcium 15%	•	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

LIVE & ACTIVE CULTURES CERTIFIED REAL DAIRY FROZEN YOGURT

SMART COW YOGURT BAR

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It's cool to be smart.