

LOW-FAT FRENCH VANILLA

Contains: Milk

Ingredients: milk, sugar, nonfat milk, cream, corn syrup, whey, natural and artificial vanilla, mono- and diglycerides, cellulose gum, guar gum, polysorbate 80, carrageenan, lactic acid, yellow #5 and #6, red #40, caramel color; cultured with the following live active cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

Nutrition Facts

Serving Size (89g) = 1/2 cup = (4 fl. oz.)
Servings Per Container

Amount Per Serving		% Daily Value*
Calories 120	Calories from Fat 25	
Total Fat 3g		4%
Saturated Fat 2g		10%
Trans Fat 0g		
Cholesterol 5mg		2%
Sodium 60mg		3%
Total Carbohydrate 19g		6%
Dietary Fiber 0g		0%
Sugars 16g		
Protein 4g		
Vitamin A 2%	•	Vitamin C 4%
Calcium 15%	•	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



SMART COW
YOGURT BAR



It's cool to be smart.