

NON-FAT BLUEBERRY TART

Contains: Milk

Ingredients: skim sweetened condensed milk, nonfat milk, sugar, whey, blueberry juice concentrate, blueberry flavor (WONF), cellulose gum, guar gum, carrageenan, natural flavor, citric acid, malic acid, sodium citrate, FD&C Red #40, Blue #1; cultured with the following live active cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

Nutrition Facts

Serving Size (89g) = ½ cup = (4 fl. oz.)
Servings Per Container

Amount Per Serving	
Calories 120 Calories from Fat 0	
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 24g	8%
Dietary Fiber 0g	0%
Sugars 23g	
Protein 4g	
Vitamin A 0%	• Vitamin C 2%
Calcium 15%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



SMART COW
YOGURT BAR



It's cool to be smart.