

# NO-SUGAR ADDED FRENCH VANILLA

Contains: Milk

Amount Per Serving		% Daily Value*	
<b>Calories</b>	85	Calories from Fat	0
<b>Total Fat</b>	0g		<b>0%</b>
Saturated Fat	0g		<b>0%</b>
Trans Fat	0g		
<b>Cholesterol</b>	0mg		<b>0%</b>
<b>Sodium</b>	82mg		<b>3%</b>
<b>Total Carbohydrate</b>	20g		<b>7%</b>
Dietary Fiber	3g		<b>11%</b>
Sugars	6g		
<b>Protein</b>	3g		
Vitamin A	0%	Vitamin C	1%
Calcium	13%	Iron	0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	475g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 ● Carbohydrate 4 ● Protein 4

**INGREDIENTS:**

Cultured Skim Milk, Maltodextrin, Sorbitol, Polydextrose, Mono & Diglycerides, Guar Gum, Sodium Phosphate, Sucralose, Acesulfame Potassium, Locust Bean Gum, Sodium Citrate, Carrageenan, Natural and Artificial Flavor (Natural Flavor, Propylene Glycol, Yellow #5, Red #40, Caramel Color)  
 Contains Active Live Cultures: *S. thermophilus*, *L. bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*



**SMART COW**  
 YOGURT BAR

It's cool to be smart.