

# NON-FAT GREEN APPLE TART

Contains: Milk

Ingredients: sugar, nonfat milk, corn syrup, whey, natural and artificial flavors, guar gum, mono- and diglycerides, xanthan gum, polysorbate 80, carrageenan, dextrose, citric acid, water, propylene glycol, yellow #5, blue #1; cultured with the following live active cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

## Nutrition Facts

Serving Size (88g) = 1/2 cup = (4 fl. oz.)  
Servings Per Container

Amount Per Serving		% Daily Value*
<b>Calories</b> 90	Calories from Fat 0	
<b>Total Fat</b> 0g		<b>0%</b>
Saturated Fat 0g		<b>0%</b>
Trans Fat 0g		
<b>Cholesterol</b> 0mg		<b>0%</b>
<b>Sodium</b> 50mg		<b>2%</b>
<b>Total Carbohydrate</b> 18g		<b>6%</b>
Dietary Fiber 0g		<b>0%</b>
Sugars 16g		
<b>Protein</b> 2g		
Vitamin A 0%	•	Vitamin C 2%
Calcium 10%	•	Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



**SMART COW**  
YOGURT BAR



It's cool to be smart.