

NON-FAT GINGER BREAD

Contains: Milk, Soy

Ingredients: cultured skim milk, gingerbread flavor (water, sugar, molasses, natural flavor, butter, soy lecithin, pectin, cinnamon, caramel color, ginger, salt, citric acid, cloves) sugar, corn syrup, high fructose corn syrup, milk solids, whey, maltodextrin, microcrystalline cellulose, mono- and diglycerides, guar gum, carrageenan, cellulose gum, graham cracker flavor (corn syrup, water, propylene glycol, caramel color, natural and artificial flavor, potassium sorbate (preservative), sodium benzoate (preservative), FD&C yellow 5, DD&C Yellow 6. Contains active live cultures: *S. Thermophilus*, *L. Bulgaricus*, *L. Acidophilus*, *Bifidobacterium* ssp., *L. rhamnosus*, *L. casei*.

Nutrition Facts	
Serving Size 4 fl oz (93g)	
Amount Per Serving	
Calories 118	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 112mg	5%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Sugars 20g	
Protein 3g	
Vitamin A 0%	Vitamin C 1%
Calcium 11%	Iron 1%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 475g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4



SMART COW
YOGURT BAR



It's cool to be smart.