

NON-FAT POMEGRANATE ENERGY

Supplement Facts

Serving Size (89g) = 1/2 cup = (4 fl. oz.)
Servings Per Container

	Amount Per Serving	% Daily Value
Calories	120	
Calories from Fat	5	
Total Fat	0 g	0%**
Saturated Fat	0 g	1%**
Cholesterol	0 mg	1%
Total Carbohydrate	24 g	8%**
Dietary Fiber	0 g	0%**
Sugars	23 g	
Sugar Alcohol	0 g	
Protein	4 g	
Vitamin A	30 IU	1%
Vitamin C	1 mg	2%
Thiamin	0 mg	3%
Riboflavin	0 mg	10%
Niacin	0 mg	1%
Vitamin B6	1 mg	44%
Vitamin B12	1 mcg	24%
Biotin	0 mcg	0%
Pantothenic Acid	1 mg	13%
Calcium	130 mg	13%
Iron	0 mg	0%
Sodium	90 mg	4%
Potassium	130 mg	4%
Caffeine	36 mg	*
Inositol	0 g	*
Taurine	228 mg	*
Inositol*	38 mg	*

* Daily Value not established.
** Percent Daily Values are based on a 2,000 calorie diet.

Nutrition Facts

Serving Size (89g) = 1/2 cup = (4 fl. oz.)
Servings Per Container

Amount Per Serving		Calories from Fat 0
		% Daily Value*
Calories 120		
Total Fat 0g		0%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 90mg		4%
Potassium 130mg		4%
Total Carbohydrate 24g		8%
Dietary Fiber 0g		0%
Sugars 23g		
Sugar Alcohol 0g		
Protein 4g		
Vitamin A 0%	• Vitamin C 2%	
Calcium 15%	• Iron 0%	
Thiamin 2%	• Riboflavin 10%	
Niacin 2%	• Vitamin B6 45%	
Vitamin B12 25%	• Biotin 0%	
Pantothenic Acid 15%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Potassium	3,500mg	3,500mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

Contains: Milk

Ingredients: skim sweetened condensed milk, sugar, nonfat milk, whey, Pomegranate Energy (water, high fructose corn syrup, sugar, citric acid, energy blend (sucrose, sodium nitrate, taurine, caffeine, inositol, potassium benzoate (preservative), natural flavor, niacinamide (vitamin B3) D-calcium pantothenate (vitamin B5), pyridoxine hydrochloride (vitamin B6), cyanocobalamin (Vitamin B12), sodium citrate, ethyl alcohol, propylene glycol, natural flavor, taurine, caffeine, sodium benzoate (preservative), guar gum, carrageenan, citric acid, malic acid, beet color, cultured with the following live active cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.



It's cool to be smart.