

LOW-FAT SEA SALT CARAMEL PRETZEL

Contains: Milk, Coconut, Soy, Wheat

Ingredients: milk, nonfat milk, sugar, cream, whey, corn syrup, natural and artificial salted caramel flavor WC, natural and artificial pretzel flavor, pretzel drop (sugar, partially hydrogenated palm kernel oil, whey, whole milk powder, soy lecithin, titanium dioxide, natural vanilla, pretzel {enriched wheat flour, (contains: wheat flavor, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, salt, malt, vegetable oil (canola oil, corn oil, and/or soybean oil), leavening (yeast, sodium bicarbonate, and/or ammonium bicarbonate)}}, salt, mono- and diglycerides, cellulose gum, polysorbate 80, carrageenan, sea salt, propylene glycol, caramel color, alcohol; cultured with the following live active cultures: L. Bulgaricus, L. Acidophilus, S. Thermophilus, B. Bifidus and L. Casei.

This product is manufactured in a facility that also processes peanuts, tree nuts, eggs, soy, milk, and wheat products.

Nutrition Facts

Serving Size (89g) = ½ cup = (4 fl. oz.)
Servings Per Container

Amount Per Serving	
Calories 120	Calories from Fat 25
	% Daily Value*
Total Fat 3g	4%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 170mg	7%
Total Carbohydrate 19g	6%
Dietary Fiber 0g	0%
Sugars 16g	

Protein 4g	
Vitamin A 2%	• Vitamin C 4%
Calcium 15%	• Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



SMART COW
YOGURT BAR



It's cool to be smart.